



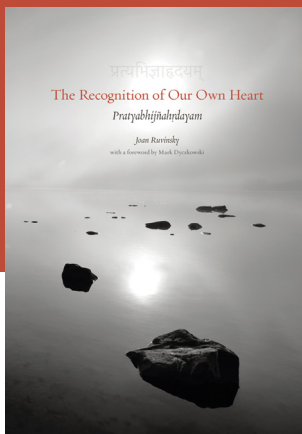
The Heart of Recognition

Pratyabhijñahrdyam

a weekend adventure in study and practice
with kathleen knipp

The study of a text is also the study of ourselves. Join a weekend of lively discussion and practice as we explore the beautiful, short, 20-verse, 11th-century *Pratyabhijñahrdyam*, drawing upon the recently published book, “The Heart of Recognition,” by Joan Ruvinsky. The text will be used as a springboard for introducing and discussing the non-dual philosophy of Self-recognition in Kashmiri Shaivism. No experience with text study is necessary, simply an interest in understanding Consciousness in its play as ourselves.

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friday, nov. 1, 7-9 pm
saturday, nov. 2, 9-12 | 2-5 pm
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