

pathless yoga



Pathless Yoga Retreat Registration Form

Boise, Idaho
May 19-22, 2017

\$570 (\$645 after March 21) double room
\$700 (\$775 after March 21) single room

Cancellation Policy: Cancellations 60 days before the retreat will receive a refund less a \$50 processing fee. Cancellations between 60 and 30 days will receive refund less a \$100 processing fee. No refund can be made within 30 days of the retreat unless your place can be filled from the waiting list.

Name _____

Address _____

City _____

State/Province _____

Postal Code _____

Email _____

Day Phone _____

Evening Phone _____

Emergency Contact # _____

Amount Enclosed _____

Signature _____

Checks or money orders in US funds made payable to:
Yoga for Wellness

Send registration & payment to:

Jeanne Dillion
2593 S. Wise Way
Boise, ID 83716

208-345-7113 or jeannedillion@yogaforwellnesspro.com

www.pathlessyoga.com

Pathless Yoga Retreat Details

This 3-day silent retreat begins with dinner on Friday, May 19 and ends with lunch on Monday, May 22. Cost includes 3 nights double accommodation and 9 vegetarian meals. Single upgrade available for \$130.

Retreat size: This retreat is limited to 28 people.

Retreat Location: Nazareth Retreat Center
4450 N. Five Mile Road
Boise, Idaho 83713

The Retreat Center is located on fifteen acres in the Treasure Valley, on the western boundary of the city of Boise. The rolling lawns, ample walkways, natural environment, pond, rosary/rose garden and view of the mountains all contribute to its peaceful, serene and welcoming atmosphere.

Transportation: The Nazareth Retreat Center is 20 minutes from the Boise Airport.

Confirmation, directions and a packing list will be sent via email once your registration has been received.

Sample Schedule:

6:00 to 7:00am	Personal Practice (optional)
7:00-8:00am	Breath Sensing and Quiet Sitting
8:00am	Breakfast
9:30am-noon	Body Sensing and Yoga Nidra
noon	Lunch
3:00-5:30pm	Dyads and Discussion
5:30pm	Dinner
7:00pm	Kirtan, Poetry and Quiet Sitting

CEU's: The 3-day retreat provides yoga teachers who are members of Yoga Alliance with 21 contact hours.